

# ADVENTURE DAYS

## SUMMER 2023

in Tavistock, Devon



	MON	TUE	WED	THURS	FRI
<b>WEEK 1</b> 31st July — 4th Aug	Raft Building Archery Team Challenges	Gorge Walk Climbing Abseiling	Bog Run	High Ropes Archery Bushcraft	Dartmoor Scramble and Walk
<b>WEEK 2</b> 7th—11th Aug	Kayaking Team Challenges Orienteering	River Walk Trapeze Jacob's Ladder	Dartmoor Scramble and Walk	Open Canoe Trip	High Ropes Archery Bushcraft
<b>WEEK 3</b> 14th—18th Aug	Dartmoor Scramble and Walk	Gorge Walk High Ropes	Open Canoe Trip	Raft Building Team Challenges Orienteering	High Ropes Archery Bushcraft
<b>WEEK 4</b> 21st—25th Aug	Kayaking High Ropes Trapeze	Raft Building Archery Team Challenges	Dartmoor Scramble and Walk	Bog Run	Gorge Walk Climbing and Abseiling

# ADVENTURE DAYS ACTIVITIES

Adventure days are the perfect way to explore the outdoors during the holidays. Come and join us daily, for some fun and adventure. Drop off at 9am pick up at 5pm from Simply Outdoors, within the grounds of Mount Kelly.



### The Bog Run

Our unique Bog Run on Bodmin Moor is the wettest, muddiest and most fun activity you will ever do in a wetsuit!

### High Ropes

Stretch yourself on our High Elements. Whether it's working in a team to reach the top of Jacob's Ladder, taking a leap of faith or trying out our High ropes course.



### Raft Building

Work with your team to build a raft and use it to explore the lake. Then race your raft against another or complete some of the ninja challenges.



### Archery

Learn to safely handle a bow and arrow, develop your shoot accuracy. Then play some games based on your shooting ability.



### Gorge Walking

Forge your way against the current in the beautiful Plym Valley. Scrambling under and over boulders, sliding down water shoots and finding hiding places

### Team Challenges

Join in with your team to solve a number of problem solving tasks from the Acid Swamp to the perplexing Planks Puzzle.



### Bushcraft

Learn the basics of being in the outdoors. Firelighting, whittling wood and campfire cooking.



## KIT LIST

Packed Lunch & Snacks

Water Bottle  
Swimsuit & Towel  
Sun cream

Waterproofs

Change of clothes & Footwear  
Comfortable Footwear (No Crocs  
or Flipflops)



**Ages 8-16, £42 per day, early drop offs and late pick ups possible.**  
**To book visit [www.simplyoutdoors.co.uk/adventure-days-2023](http://www.simplyoutdoors.co.uk/adventure-days-2023)**

